

Daily Prayer (with John and Stasi)

Over the years Stasi and I have grown more and more appreciative of the benefits of daily prayer— both as individuals and as a couple. It has been a journey. When we were starting out, we found great help through simple prayers such as,

Lord Jesus we give you our home, our marriage, and our family. Cover us with your blood and fill us with your life. Come and be the Lord of our marriage and home and family.

Over time we found we needed to pray a bit more. Part of this comes as the battles increase; part of it is the natural process of growing in our spiritual lives. We offer here the “Daily Prayer” that we and the folks at our ministry, Ransomed Heart, pray each day. Yes, it can seem a little lengthy, but over time you will find enormous spiritual protection and joy by praying this or something like it on a regular basis. (This is actually a shorter version than the one we now pray!)

Now, most days Stasi and I run on a different morning schedule and so we pray this prayer individually, but in the spirit of “standing together” knowing the other is also praying and “agreeing together” in prayer. Other times we find we need to pray together at the same time, in the same room, because the need for united prayer has become pressing. Either way, this has been an enormous blessing to us.

My dear Lord Jesus, I come to you now to be restored in you, to be renewed in you, to receive your love, your life, and all the grace and mercy I so desperately need this day. I honor you as my Sovereign Lord, and I surrender every aspect of my life totally and completely to you. I give you my spirit, soul, and body, my heart, mind, and will. I cover myself with your blood— my spirit, soul, and body, my heart, mind, and will. I ask your Holy Spirit to restore me in you, renew me in you, and lead me in this time of prayer. In all that I now pray, I stand in total agreement with your Spirit, and with [my spouse, by name].

[Now, if you are a husband, you’ll want to include your wife in this time of prayer. If you are a parent, you’ll want to include your children.]

In all that I now pray, I include [my spouse and/or children, by name]. Acting as their head, I bring them under your authority and covering, as I come under your authority and covering. I cover [spouse and/or children, by name] with your blood— their spirit, soul, and body, their heart, mind, and will. I ask your Spirit to restore them in you, renew them in you, and apply to them all that I now pray on their behalf, acting as their head.

Dear God, holy and victorious Trinity, you alone are worthy of all my worship, my heart’s devotion, all my praise, all my trust and all the glory of my life. I love you, I worship you, I trust you. I give myself over to you in my heart’s search for life. You alone are Life, and you have become my life. I renounce all other gods, all idols, and I give you the place in my heart and in my life that you truly deserve. I confess here and now that this is all about you, God, and not about me. You are the Hero of this story, and I belong to you. Forgive me for my every sin. Search me and know me and reveal to me where you are working in my life, and grant to me the grace of your healing, deliverance, and a deep and true repentance.

Heavenly Father, thank you for loving me and choosing me before you made the world. You are my true Father— my Creator, Redeemer, Sustainer, and the true end of all things, including my life. I love you, I trust you, I worship you. I give myself over to you to be one with you in all things, as Jesus is one with you. Thank you for proving your love by sending Jesus. I receive him and all his life and all his work, which you ordained for me. Thank you for including me in Christ, for forgiving me my sins, for granting me his righteousness, for making me complete in him. Thank you for making me alive with Christ, raising me with him, seating me with him at your right hand, establishing me in his authority, and anointing me with your Holy Spirit, your love, and your favor. I receive it all with thanks and give it total claim to my life— my spirit, soul, and body, my heart, mind, and will. I



bring the life and the work of Jesus over [spouse and/or children, by name] and over my home, my household, my vehicles, finances, all my kingdom and domain.

Jesus, thank you for coming to ransom me with your own life. I love you, I worship you, I trust you. I give myself over to you, to be one with you in all things. And I receive all the work and all of the triumph of your Cross, death, blood, and sacrifice for me, through which I am atoned for, I am ransomed and transferred to your kingdom, my sin nature is removed, my heart is circumcised unto God, and every claim made against me is disarmed this day. I now take my place in your Cross and death, through which I have died with you to sin, to my flesh, to the world, and to the evil one. I take up the Cross and crucify my flesh with all its pride, arrogance, unbelief, and idolatry [include anything else you are currently struggling with]. I put off the old man. I ask you to apply to me the fullness of your Cross, death, blood, and sacrifice. I receive it with thanks and give it total claim to my spirit, soul and body, my heart, mind, and will.

Jesus, I also sincerely receive you as my life, my holiness, and strength, and I receive all the work and triumph of your resurrection, through which you have conquered sin and death and judgment. Death has no mastery over you, nor does any foul thing. And I have been raised with you to a new life, to live your life— dead to sin and alive to God. I now take my place in your resurrection and in your life, through which I am saved by your life. I reign in life through your life. I receive your life— your humility, love and forgiveness, your integrity, your wisdom, strength, joy, your union with the Father. Apply to me the fullness of your resurrection. I receive it with thanks and give it total claim to my spirit, soul and body, my heart, mind, and will.

Jesus, I also sincerely receive you as my authority, rule, and dominion, my everlasting victory against Satan and his kingdom, and my ability to bring your kingdom at all times and in every way. I receive all the work and triumph of your ascension, through which you have judged Satan and cast him down, you have disarmed his kingdom. All authority in heaven and on earth has been given to you, Jesus. I now take my place in your ascension, and your throne, through which I have been raised with you to the right hand of the Father and established in your authority. I now bring the Kingdom of God and the authority, rule, and dominion of Jesus Christ over my life today, over my home, my household, my vehicles and finances, over all my kingdom and domain.

I now bring the authority, rule, and dominion of the Lord Jesus Christ, and the fullness of the work of Christ, against Satan, against his kingdom, against every foul and unclean spirit that is against me. [At this point you might want to name the specific battles and enemies you know have been attacking you.] I bring the full work of Jesus Christ against every foul power and black art. I bind it all from me in the authority of the Lord Jesus Christ and in his Name. I also keep the Cross of Jesus Christ between me and all people, so that only the love of Christ may pass between us.

Holy Spirit, thank you for coming. I love you, I worship you, I trust you. I sincerely receive you and all the work and victory in Pentecost, through which you have come, you have clothed me with power from on high, sealed me in Christ. You have become my union with the Father and the Son, become the Spirit of truth in me, the life of God in me, my Counselor, Comforter, Strength, and Guide. I honor you as my Sovereign, and I yield every dimension of my life to you and you alone, to be filled with you, to walk in step with you in all things. Fill me afresh. Restore my union with the Father and the Son. Lead me in all truth, anoint me for all of my life and walk and calling, and lead me deeper into Jesus today. I receive you with thanks, and I give you total claim to my life. Heavenly Father, thank you for granting to me every spiritual blessing in Christ Jesus. I claim the riches in Christ Jesus over my life today. I bring the blood of Christ over my spirit, soul, and body, my heart, mind, and will. I put on the full armor of God— the belt of truth, breastplate of righteousness, shoes of the gospel, helmet of salvation. I take up the shield of faith and sword of the Spirit, and I choose to wield these weapons at all times in the power of God. I choose to pray at all times in the Spirit.

Thank you for your angels. I ask for their help and protection this day, ask that they establish your kingdom through my kingdom and domain. I now call forth the kingdom of the Lord Jesus Christ throughout my home, my family, my kingdom, and my domain, in the authority of the Lord Jesus Christ, with all glory and honor and thanks to him.

